# Receive a **\$25 Reward**

*in the form of a gift card,* for completing **EACH ELIGIBLE** vaccination or exam

#### Member Name

## **1. Flu Vaccination**

Dr. Signature:

Flu Shot Date: \_\_\_\_\_

## 2. Covid-19 Vaccination

*Covid-19 vaccination incentive can only be earned once per lifetime for the initial vaccine series. The booster shot incentive can be earned once per calendar year.* 

Dr. Signature:

Covid-19 Vaccination Date:

Moderna/Pfizer
Johnson & Johnson

Booster Date: \_\_\_\_\_

# SEE REVERSE SIDE FOR INSTRUCTIONS.



#### Member ID

# 3. Annual Dental Exam

Dr. Signature:

Exam Date: \_\_\_\_\_

A product of Elderplan

# **1. Vaccinations**

The Centers for Disease Control recommends flu shots for everyone over the age of 6 months, especially for those aged 65 and over, or who have chronic health conditions such as asthma, diabetes or heart disease. Incentives for Covid-19 vaccination are given one time for the initial vaccine series. Covid-19 booster shots are eligible for an additional incentive once per calendar year.

## 2. Annual Dental Exam

If you've had a dental exam performed by a dentist anytime in 2023, it can count toward the Wellness Incentive Program. Please have your doctor indicate the exam date, sign and place their stamp.

# **Instructions:**

- **1.** Share the Wellness Card with your provider(s). Bring this card with you on your next visit with your provider.
- 2. Discuss and have the required screening completed.
- 3. Have your provider(s) confirm by signing and placing their stamp on the Wellness Card.
- **4.** Send your card as soon as it is completed, but no later than December 31, 2023, using the pre-paid envelope.

Note: Allow up to 14 weeks for processing

This is Health and Wellness or Prevention Information. Please call our customer service number at 1-877-771-1119 (TTY: 711), from 8 a.m.-8 p.m., 7 days a week. Elderplan/HomeFirst complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Elderplan/HomeFirst cumple con las leyes federales de derechos civiles aplicables y no discrimina por motivos de raza, color, nacionalidad, edad, discapacidad, o sexo. ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-877-771-1119 (TTY: 711). Elderplan/HomeFirst 遵守適用的聯邦民權法律規定,不因種族、膚色、民族血 統、年 齡、 殘障或性別而歧視任何人。注意:如果您使用繁體中文,您可以免費 獲得語言援助服 務。請致電 1-877-771-1119 [TTY: 711].



a member of MJHS Health System

H3347\_EP17186\_C